



Pre-Treatment Instructions

- Limit exposure to the sun, tanning beds, or tanning lotions for at least four weeks prior to your treatment. If you do venture outside, be sure to apply medical grade SPF 30 to any and all treatment areas.
- If you have taken Accutane within the last six months, or are planning to start taking this medication, please alert our staff.
- Notify the staff of any changes in your medical history since your last visit, if applicable.
- Within 12 hours of your appointment, please shave the treatment area. Heavy beards should be shaved the morning of your appointment. If this must be completed by our staff, you may be charged a nominal fee.
- Do not wax, tweeze, pluck or use electrolysis for up to four weeks prior to your appointment.
- Refrain from using Retin-A or any glycolics within 72 hours of your appointment.
- Ask our staff for a list of approved topical anesthetics you may apply prior to your treatment. This should be used on the treatment area within 90 minutes prior to your appointment.

If you have any questions, please call us.
904-619-1587 (Mandarin) or 904-337-4159 (Beaches)